

Wellness

It is the policy of the Bethany Board of Education to promote the health and well-being of District students. In furtherance of this policy, the Board has created a Wellness Council to review any available state or federal guidance on wellness issues and to assist in formulating recommendations for specific goals and guidelines aimed at promoting lifelong wellness practices among district students. This Wellness Council involves parents, representatives from the school food authority (i.e. any private company employed to provide food services), teachers of physical education, school health professionals, school administrators, the Board of Education, and members of the public and may also involve Supplemental Nutrition Assistance Program ("SNAP") coordinator or educators. The Wellness Council will be involved in the development and implementation of this policy, the triennial assessment and periodic updating of the policy.

The Board directs the Superintendent to establish administrative regulations in furtherance of this policy.

Legal References: Connecticut General Statutes § 10-215f
 Connecticut General Statutes § 10-221o
 Connecticut General Statutes § 10-221p
 Connecticut General Statutes § 10-221q
 Public Act 16-37
 Public Act 16-132
 42 U.S.C. § 1751
 Public Law 114-95
 Richard B. Russell National School Lunch Act § 9(f)(1) and § 17(a), codified at 42
 U.S.C. § 1758(f)(1), 42 U.S.C. § 1758b and 42 U.S.C. § 1766, as amended by Pub. L.
 111-296, § 204, Healthy, Hunger-Free Kids Act of 2010
 20 U.S.C. § 7118
 7 C.F.R. § 210.10
 7 C.F.R. § 210.11
 7 C.F.R. § 210.31
 7 C.F.R. § 220.8

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