**INSTRUCTION** 6142.101(a)

## Wellness

It is the policy of the Bethany Board of Education (Board) to promote the health and well-being of Bethany Public School District (District) students. In furtherance of this policy, the Board has created a Wellness Council to review any available state or federal guidance on wellness issues and to assist in formulating recommendations for specific goals and guidelines aimed at promoting lifelong wellness practices among district students. This Wellness Council involves parents, representatives from the school food authority (i.e., any private company employed to provide food services), teachers of physical education, school health professionals, school administrators, the Board, and members of the public and may also involve a Supplemental Nutrition Assistance Program coordinator or educators. The Wellness Council will be involved in the development and implementation of this policy, the triennial assessment and periodic updating of the policy.

The Board directs the Superintendent to establish administrative regulations in furtherance of this policy.

Legal References: Connecticut General Statutes § 10-215

Connecticut General Statutes § 10-215a

Connecticut General Statutes § 10-215b

Connecticut General Statutes § 10-215e

Connecticut General Statutes § 10-215f

Connecticut General Statutes § 10-216

Connecticut General Statutes § 10-221

Connecticut General Statutes § 10-2210

Connecticut General Statutes § 10-221p

Connecticut General Statutes § 10-221q

Connecticut State Agencies Regulations 10-215b-1

Connecticut State Agencies Regulations 10-215b-23

**Public Law 108-265** 

**Public Law 108-269** 

**Public Law 111-296** 

42 U.S.C. § 1751

42 U.S.C. § 1758

7 C.F.R. Parts 210 & 220

7 C.F.R. Parts 210.11 & 220.12

7 C.F.R. Part 220.12

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**INSTRUCTION** 6142.101(b)

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